

The debut one-day event will take place at Sportfish at Theale, near Reading, on Saturday 18th September 2021, in partnership with leading countryside retailers Farlow's.



farlows
SINCE 1840



Special thanks go to our sponsors who are kindly supporting our debut event.

Castaway builds on The Countryside Alliance Foundation's previous **Casting for Recovery** programme. Hatched as an idea in a café in 2017 by Charles Jardine, Lottie Weston and Jill Grieve, bringing together their passion for fishing, cancer care and the countryside, Castaway's aim is to reach more people, affected by all types of cancer, to improve their physical and mental health through ongoing engagement with fishing and the countryside.

Castaway will continue Jill's legacy, with her passion for the countryside and the therapeutic benefits of fishing, as well as supporting people affected by blood cancer.

For more information please visit:

www.fishingforschools.co.uk/castaway

or contact info@ca-foundation.org

Countryside Alliance Foundation registered office: The Countryside Alliance Foundation, Tower House, Lucy Tower Street, Lincoln, LNI IXW. Registered Charity No: 1121034



Countryside and wellbeing through fishing after cancer



Castaway

Countryside Alliance Foundation

Lunch at our debut event will kindly be supplied by our sponsor Veni & Son

Castaway is a new programme from The Countryside Alliance Foundation which supports men and women affected by all types of cancer, to improve their physical and mental health through ongoing engagement with fishing and the countryside.



Castaway's one-day fishing programme caters for those who have finished treatment and offers an introduction to fishing, and the wellbeing benefits of the Countryside, in a fun and supportive environment.

The programme has a local and community focus, introducing participants to fishing, healthy eating, local produce and community activities. Participants will be able to share experiences and make friends, as well as accessing resources on our website.

